



PRESENTS



SAT. JANUARY 31ST
2026

TOP TEN

OPEN DUTCH **CHAMPIONSHIPS** **2026**



HOTEL WEST-ENDE



HOTEL NOBIS ASTEN

FLETCHER WELLNESS HOTEL HELMOND

MAKE IT HAPPEN SHOCK EVERYONE!

MORE INFO: WWW.OPEN-DUTCH.NL

2CREATE



Competition Information

The **Open Dutch** is an ITF Taekwon-Do tournament organized by Difesa Sports, with the head of organization **GM Willy van de Mortel**. Competition is open for youth, pre-juniors, juniors and seniors in the A, B, and C-class for the categories sparring and patterns. Please note, there is no D-Class and the competition is limited to 700 competitors also this year. For the A-class pre-juniors and juniors and seniors there will also be overall sparring, but this year it will be point-stop sparring.

In our organization, tournaments that are open to all associations are held very frequently. We have a clear regulation on this in the by-laws: Article 6.2. Open Taekwon-Do ITF Tournaments will be open to our ITF members ONLY. For special cases, an organizer wishing to invite participants and/or officials from another Taekwon-Do organization must request permission through the NA/AA from the ITF.

Date : Saturday January 31st, 2026
Location : Fletcher Wellness Hotel, Scheepsboulevard 2
5705 KZ Helmond, The Netherlands

Registration deadline : Tuesday January 20th, 2026 at 23:59

Verification and weigh-in/height check : Friday – to be announced!
Saturday between 07:15 and 8:15

A declaration of consent and data protection is mandatory for each competitor (see last page of this invitation). To be handed in at the verification and weigh-in/height check on 30th/31th of January 2026.

Venue open : Saturday 07:15
Umpire meeting : Saturday 08:15
Coach meeting : Saturday 08:45
Start of competition : Saturday 09:15
Registration limit : 700 Competitors

Age categories

Youth girls : up to 11 years (born in 2014 or later)
Youth boys : up to 11 years (born in 2014 or later)
Pre-junior female : 12, 13 and 14 years (born in 2013, 2012 or 2011)
Pre-junior male : 12, 13 and 14 years (born in 2013, 2012 or 2011)
Junior female : 15, 16 and 17 years (born in 2010, 2009 or 2008)
Junior male : 15, 16 and 17 years (born in 2010, 2009 or 2008)
Senior female : 18 years and older (born in 2007 or before)
Senior male : 18 years and older (born in 2007 or before)

Categories for pattern & sparring

Patterns : 7th t/m 5th gup, 4th t/m 1st gup
: 1st Dan, 2nd Dan, 3rd Dan, 4th Dan till 6th Dan

Sparring
A-class : Black Belts (continuous sparring)
B-class : Blue belt – Black tag (4th – 1st gup, continuous sparring)
C-class : Green tag – Blue tag (7th – 5th gup, point-stop sparring)

Overall-class : A-class pre-junior, junior & senior (**point-stop sparring**)



Youth girls	:	-130, -140, -150, -160, -170, +170 cm
Youth boys	:	-130, -140, -150, -160, -170, +170 cm
Pre-junior female	:	-40, -44, -48, -52, -56 kg, -60 kg, +60 kg
Pre-junior male	:	-40, -45, -50, -55, -60 kg, -65 kg, +65 kg
Junior female	:	-45, -49, -53, -57, -61 kg, -65 kg, +65 kg
Junior male	:	-50, -55, -60, -65, -70 kg, -75 kg, +75 kg
Senior female	:	-50, -55, -60, -65, -70 kg, -75 kg, +75 kg
Senior male	:	-57, -63, -69, -75, -81 kg, -87 kg, +87 kg

Individual Sparring categories with less than four (4) competitors will be merged with another category. If it is not possible to merge categories, the organizer may decide to build categories with less than four (4) competitors.

Overall pre-junior female:	-52 kg and +52 kg
Overall pre-junior male :	-55 kg and +55 kg
Overall junior female :	-57 kg and +57 kg
Overall junior male :	-65 kg and +65 kg
Overall senior female :	-65 kg and +65 kg
Overall senior male :	-75 kg and +75 kg



Verification and Weigh-in / Height check

It will be possible to do the verification and weigh-in/height check on Friday evening and Saturday morning between 7:15 and 8:15. We recommended all competitors, when possible, to do it on Friday at the Sports venue Fletcher Wellness Hotel, Helmond. Time to be announced via our website!

If you are not on time for the verification and weigh-in/height check then you can't compete. If you only participate in patterns, you also have to do the verification and weigh-in/height check! Coaches be aware of this.

When competitors are over their registered height or weight on the day of the competition, he or she, can't compete in that part of the tournament.

Weigh-in following international rules:

- Clothes: Dobok pants and t-shirt
- Weight check: 0.5 kg is added to the weight specified in the category.

Competition time sparring

Youth	:	1 round, 1.5 minutes
Extra time	:	1 round, 30 seconds, followed by golden point
Pre-junior	:	1 round, 2 minutes
Junior	:	1 round, 2 minutes
Senior	:	1 round, 2 minutes
Overall-class	:	1 round, 2 minutes
Extra time	:	1 round 1 minute, followed by golden point

In the junior and senior A-class, the semi-final and final will have 2 rounds each being 2 minutes. The organization can decide to alter competition time if necessary.

Competition patterns

Color Belts: Two competitors perform one **designated** pattern. This will be one of the 3 highest patterns, depending on the last graduation of the lowest rank of both competitors. The pattern will be chosen by the electronical system.

Black Belts: Two competitors perform one designated pattern in the elimination and two designated patterns in the semi-final and final. The Designated Pattern (or first Designated Pattern in the semi-final and final) will be randomly chosen from one of the last three patterns appropriate to their degree by the electronical system.

The second Designated Pattern in Black Belts final will be chosen from all the remaining patterns appropriate to their degree by the electronical system.

Highest pattern:	7 th gup	:	Dan-Gun
	6 th gup	:	Do-San
	5 th gup	:	Won-Hyo
	4 th gup	:	Yul-Gok
	3 rd gup	:	Joong-Gun
	2 nd gup	:	Toi-Gye
	1 st gup	:	Hwa-Rang
	1 st dan	:	Ge-Baek
	2 nd dan	:	Juche
	3 rd dan	:	Choi-Yong
	4 th - 6 th dan	:	Moon-Moo

Individual Pattern categories with less than four (4) competitors will be merged with another category. This new category will use the patterns appropriate to the lowest rank.



Umpires

The head of umpires is GM Coos van den Heuvel. The Open Dutch uses the electronic Sportdata system.

Every club/team must bring one, or multiple, umpires. *If no umpire is provided there will be a fine of € 75,- for every missing umpire.* Umpires are obliged to show their umpire license on the day of competition. Umpire attire: Navy blue or black pants, white shirt, blue/black tie, white shoes.

Up to 7 competitors	:	1 umpire
8 till 15 competitors	:	2 umpires
16 competitors or more	:	3 umpires

Coaches

Competing teams are allowed to have the following number of coaches as outlined below. Please note, all coaches need to be registered through Sportdata!

1 - 7 competitors	:	2 coaches
8 - 15 competitors	:	4 coaches
15 - 20 competitors	:	5 coaches
20 competitors or more	:	6 coaches
Must wear	:	Tracksuit, white sneakers and towel
Minimum age	:	16 years
Registration fee	:	€ 5,- per coach

General rules

- ✓ Semi-contact sparring (individual) I.T.F Taekwon-Do rules
 - a. 1 point awarded for all hand techniques
 - b. 2 points awarded for foot technique to the body
 - c. 3 points awarded for foot technique to the head
- ✓ Knock-out system will be used for both sparring and patterns
- ✓ Competitors can only wear white ITF doboks

Protests can ONLY be presented by an official coach, and ONLY when there is an apparent violation of the official rules. Coach must request a Protest Form from the Jury President immediately after the completion of the match. Jury President will provide the coach with the official Protest Form, after having received the official Protest Fee of € 50,-. Each protest must be written on the official Protest Form, in the ENGLISH or NETHERLANDS language. Each completed Protest Form must be presented to the Jury President of the match in question, no later than five (5) minutes after having received the form. The head umpire decides the validity of the protest.

Information can be found on:

<https://itftkd.sport/wp-content/uploads/2023/07/Official-ITF-Rules-of-Competition-Version-2022v2.pdf>

Safety equipment

- ✓ Head protectors are mandatory
- ✓ Shin protectors are allowed (soft material only)
- ✓ Open hand & feet protection. (no boxing gloves allowed)
- ✓ Mouth protection is mandatory for all competitors and must be transparent.
- ✓ Groin protection is mandatory for all male competitors.
- ✓ When in doubt on the day of competition the head umpire will decide whether certain protectors are allowed or not.



Registration fee

CLASS	SPARRING OR PATTERNS	SPARRING AND PATTERNS	OVERALL SPARRING
A-Class	€ 35,00	€ 50,00	€ 15,00
B-Class	€ 30,00	€ 40,00	N/A
C-Class	€ 30,00	€ 40,00	N/A

Please note, there's also a 5 euro registration fee per coach, and all coaches need to be registered through Sportdata.

Entrance fee for spectators

0 - 10 years : Free of cost
11 years and older : € 5,-

Liability

The tournament organization can't be held liable for injuries acquired on the day of the tournament due to irresponsible actions. Being present as a competitor, coach, or umpire at this competition means that you agree with these rules. We highly recommend competitors to bring their identification papers to the tournament in case of injury. Dutch hospitals require these papers to be presented before providing health care services.

Press and promotion material

Promotional material (e.g. banners, flags) is strictly reserved for the organization of the Open Dutch. Other promotional material is not allowed. Coaches and staff of the Open Dutch are exclusively allowed to photograph and film in the competition area. Filming and photographing by competitors is only allowed behind the fences, and by spectators from the stands.

Press material made by the Open Dutch organization, or individuals appointed by the organization, can be publicly used. All official photographs can be found after the tournament at www.open-dutch.nl and on our Facebook page.

Draw

The draws will be published before the tournament on the website of the Open Dutch (www.open-dutch.nl). It will not be possible to make any changes after the deadline. Coaches, please verify that your students have provided the correct height and/or weight so that they don't get disappointed on the day of the tournament!



Registration and important dates

For registration, we use an online system. In order to register, access needs to be requested on the website itself: <https://www.sportdata.org/> please note that it takes 1 day to provide access, so request this timely.

Participation in a Master Series Tournament for non ITF schools, teams or participants (GM Weiler / ITF Lausanne, Switzerland) are on an invite only basis. The organization reserves the right to refuse teams, schools or participants who are not a member. For more information we refer to the ITF By-Laws: <http://www.taekwondoitf.org/rules/#constitution-and-bylaws>.

When your account is enabled by the administrator, you are able to register and change registration details when needed.

Saturday 2 nd of November 2025:	The online registration system will open.
Tuesday 20 th of January 2026:	23:59 the online registration system will close.
Wednesday 21 st of January 2026:	The invoice will be sent by email.
Friday 23 rd of January 2026:	First draft of the schedule and draw lists will be published online.
Saturday 24 th of January 2026:	The full fee must be received on our bank account.
Monday 20 th of January 2026:	23:59 last option to make corrections or changes (Name, Age, Gender, Division, Category ...) for an amount of 20,00 € per change. All changes have to be asked by email and must be confirmed by email from the organizer. Only confirmed changes are registered. All fees for changes must be paid in cash on the day of competition.
Thursday 29 th of January 2026:	Final schedule and draw lists will be published.

- ✓ Retraction of registration is possible without a fine if done on, or before, Tuesday the 13th of January 2026. After this date registration fee has to be paid.
- ✓ Errors made during the registration which would lead to a change in the division of a competitor can't be processed after the 20th of January.
- ✓ By registering to this competition, you agree with all mentioned obligations.

Attention!

All entry fees have to be paid to the bank account of "DIFESA SPORTS". **Registration fees can't be paid on the day of the tournament. Payment has to be received at 1 week before the tournament on the account below, 24th of January 2026.** We will send an invoice on the 21st of January 2026.

Please transfer the total amount in EUROS to:

Bank Account Name: DIFESA SPORTS

IBAN: NL17 RABO 0129006548

BIC: RABONL2U

Description: "OD2024" + (Club)name

Bank address: RABO Bank, Kerkstraat 33, 5701 PL Helmond, Netherlands



Hotel accommodation

There are many hotels in the Helmond/Eindhoven area that you can choose from. The organization of the Open Dutch has worked with various hotels in Helmond and Asten to ensure you have a great experience. We highly recommend selecting one of the hotels listed on our website (<http://open-dutch.nl/hotels/>). Please note the booking code, use this for the special Open Dutch rate.

Open Dutch 2026 – Top event

The Open Dutch is a top event for top competitors, coaches, referees, and supporters. The tournament director can assure you that this event will satisfy your desire to compete in a professional environment. You, and your athletes deserve this!

Final Decisions

In case of any doubt the Tournament Director and the Head Umpire will take the final decision.

Tournament director:

GM Willy van de Mortel

Contact International:

GM Willy van de Mortel

Mobile: +31621500360

Mail: info@open-dutch.nl / wvdmortel16@gmail.com

Website: www.open-dutch.nl



DECLARATION OF CONSENT and DATA PROTECTION to participate on the Open Dutch Championship 31st of January 2026 in Helmond, Netherlands

I _____,

living in _____,

declare that I am healthy, free of infectious diseases, have not had a concussion within the 4 weeks prior to the start of this championship and that I have sufficient accident and health insurance to cover all costs, even for martial arts events. Regardless of whether at home or abroad.

I acknowledge that in case of concussion I am not allowed to compete within 4 weeks from the concussion

(see ITF Tournament Concussion Policy).

I further declare my unrestricted agreement to participate in the above event as a competitor. I acknowledge that the organizer and the host do not assume any liability for personal injury, property damage and/or material damage of any kind.

I also agree that all photos and videos taken during this championship may be used by the ITF, as well as from countries participating in the championships, for the purpose of reproduction on their websites or social media, as well as for distribution to the press for publication.

Note on data processing:

I am aware that in order for the tournament to take place, personal data must be passed on to Sportdata Event Technology, where it must be stored, archived and published on the Internet.

Declaration on data protection:

I agree without restriction that my first and last name, my date of birth, my passport photo, my gender, my Taekwon-Do graduation and my weight may be transmitted to Sportdata Event Technology (<https://www.sportdata.org>) and stored, published and later archived for the purpose of the above event.

I also agree without restriction that all entry lists, competition lists and result lists of the above mentioned event on which my name (first and last name) is written, will be published on the website of Sportdata Event Technology (<https://www.sportdata.org>) and the website of Open Dutch (<https://open-dutch.nl/>).

Place

Date

Signature

For minors additionally required:

As the legal guardian of the above minor, I confirm that I have read the declaration and declare my unrestricted agreement with it.

Name/s of parent/s or guardian/s

Signature/s of parent/s or guardian/s

NOTE: This declaration of consent and data protection is mandatory for each participant. To be handed in at the verification and weigh-in/height check on 30th/31st of January 2026 for the championships described above.